

Vortrag

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"Save the inner world when the outer one collapsing. Mental survival of Ukrainian children-patients of psychoanalytic therapy and their therapists inside the war and migration".

The cruel war, which Russia descended upon Ukraine, challenged the basic things for the development of the child's inner world - security, stability and predictability. The psychoanalytic children's therapies, which in peacetime helped to strengthen these basic things in the inner world of the child, also fell under the threat of destruction and fire. Ukrainian children therapists and their little patients are forced together to overcome blows that destroy cities and the psyche. In fact, the situation is such that traumatized child therapists work with traumatized young patients, often supported by traumatized supervisors or colleagues in intervisational groups. Some therapies are taking place remotely as the war has divided therapists, child patients and their families. What helps child psychoanalytic therapies to survive and develop? How Ukrainian child psychoanalytic psychotherapists contain the psychic storms of little patients and their parents under the fire in internal and external world? What are the possibilities of child psychoanalytic therapy in these circumstances for helping young patients and their parents to work through war trauma, fear, and violent separation from homes, relatives, schools, usual life? What resources are found in the inner world of the child, helping him to withstand the fire and to develop? With this paper we hope to open a space for discussion on these issues.